

# OCTOBER ACTIVITIES

208-888-5555  
meridianseniorcenter.org

## ACTIVITIES

\$2 FOR MEMBERS  
\$5 FOR NON-MEMBERS

\*DENOTES MEMBERSHIP REQUIRED

### BILLIARDS & DARTS

MONDAY & WEDNESDAY - 12:15 - 3:30  
TUESDAY & THURSDAY - 11:00 - 3:30  
FRIDAY - 8:00 - 3:30



### SPONSOR CONSULTS FOR OUR MEMBERS

ALPHA III WEALTH MANAGEMENT  
TRICIA DAIGLE LAW OFFICE  
15 MIN CONSULTATIONS

SIGN UP AT THE FRONT DESK

### TRIPS & DINNERS OUT

SIGN-UP & PAY AT FRONT DESK  
ACTIVITY FEES APPLY

### SEATING LIMITED

MUST SIGN-UP AT FRONT DESK

- OCT. 5 - IDAHO SENIOR EXPO
- OCT. 9 - JORDAN'S PUMPKIN PATCH
- OCT. 10 - JALAPENO'S
- OCT. 16 - CRACKER BARREL
- OCT. 19 - MERIDIAN SYMPHONY
- OCT. 23 - JULIUS JEKER PLANETARIUM
- OCT. 24 - OLIVE GARDEN
- OCT. 29 - INDIAN CREEK STEAKHOUSE

## BINGO

EVERY FRIDAY NIGHT  
OPEN TO THE PUBLIC  
DOORS OPEN AT 4:00PM  
GAME PLAY STARTS AT 6:00PM  
CASH PRIZES \*MUST BE 18 YEARS OR OLDER TO PLAY\*

**WAKE MEDICAL**  
Annual Notice of Change  
OCTOBER 3RD  
Select Health 2pm-5pm  
OCTOBER 7TH  
BlueCross 2pm-5pm  
OCTOBER 9TH  
Regence BlueShield 2pm-5pm

**TUESDAY - OCTOBER 1**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
11:00 MOM & DOUBLE IMAGE  
12:00 LUNCH  
1:00 ART CLASS  
1:00 GAMES  
1:00 WOOD CARVING  
1:00 HAND & FOOT  
6:30 RADIO DAYS

**WEDNESDAY - OCTOBER 2**  
9:00 CHAIR VOLLEYBALL  
NO TAI CHI  
10:00 KNIT & LOOM  
11:00 THE KEYSRINGS  
12:00 LUNCH  
1:00 PINOCHLE  
1:00 INT. BRIDGE  
**DID YOU KNOW?**  
FRANCE GIFTED THE U.S.  
WITH THE STATUE OF LIBERTY  
IN OCTOBER?

**THURSDAY - OCTOBER 3**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
11:45 SENIOR GOLDMINE  
12:00 LUNCH  
12:30 - 1:15 ATTORNEY CONSULT \*  
1:00 HAND & FOOT  
1:00 BASIC LINE DANCING  
2:00 BEG. / INT. LINE DANCING

**FRIDAY - OCTOBER 4**  
8:30-2:30 FOOT CLINIC \*  
11:00 MUSIC BY ALL!  
12:00 LUNCH  
1:00 PINOCHLE  
**DID YOU KNOW?**  
THE LARGEST  
BEER FESTIVAL IS HELD  
IN OCTOBER  
BINGO - DOORS OPEN 4:00

**La Boutique**  
MONDAY - FRIDAY  
10:00 AM - 1:00 PM  
Household goods, Jewelry, & Women's Clothing  
DONATIONS & VOLUNTEERS NEEDED!

**MONDAY - OCTOBER 7**  
9:00 CHAIR VOLLEYBALL  
10:00 CHAIR YOGA  
10:20-12:00 CHAIR MASSAGE  
11:00 RODERICK'S  
CRUIZIN' CLASSICS  
12:00 LUNCH  
12:00 MARVELOUS MAH JONGG  
1:00 PINOCHLE

**TUESDAY - OCTOBER 8**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
11:00 THE KEYSRINGS  
12:00 LUNCH  
1:00 ART CLASS  
1:00 GAMES  
1:00 WOOD CARVING  
1:00 HAND & FOOT  
1:00 BUNCO  
VACCINATION CLINIC  
9:00 AM - 12:00 PM

**WEDNESDAY - OCTOBER 9**  
9:00 CHAIR VOLLEYBALL  
10:00 TAI CHI  
10:00 KNIT & LOOM  
11:00 HEARTFELT COUNTRY  
12:00 LUNCH  
1:00 PINOCHLE  
1:00 INT. BRIDGE  
1:00 BOOK CLUB

**THURSDAY - OCTOBER 10**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
11:00 AND FRIENDS  
12:00 LUNCH  
12:30 - 2:00 FINANCIAL CONSULTS \*  
1:00 HAND & FOOT  
1:00 BASIC LINE DANCING  
2:00 BEG. / INT. LINE DANCING

**FRIDAY - OCTOBER 11**  
8:30-2:30 FOOT CLINIC \*  
12:00 LUNCH  
1:00 PINOCHLE  
**Big Game BINGO!**  
BINGO - DOORS OPEN 4:00

**FOOT CARE**  
1st & 2nd Fridays  
of the Month  
MEMBERSHIP REQUIRED  
CONTACT SANDY  
TO MAKE AN  
APPOINTMENT  
(941) 928 - 7107

**MONDAY - OCTOBER 14**  
9:00 CHAIR VOLLEYBALL  
10:00 CHAIR YOGA  
10:20-12:00 CHAIR MASSAGE  
11:00 PRIME TIME SWINGERS  
12:00 LUNCH  
12:00 MARVELOUS MAH JONGG  
1:00 PINOCHLE

**TUESDAY - OCTOBER 15**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
10:30 BLOOD SUGAR TESTING\*  
11:00 HEARTFELT COUNTRY  
12:00 LUNCH  
1:00 GAMES  
1:00 WOOD CARVING  
1:00 HAND & FOOT  
1:00 ART CLASS

**WEDNESDAY - OCTOBER 16**  
9:00 CHAIR VOLLEYBALL  
10:00 TAI CHI  
10:00 KNIT & LOOM  
11:00 TOM WAYNE  
12:00 LUNCH  
1:00 INT. BRIDGE  
1:00 PINOCHLE  
hello fall

**THURSDAY - OCTOBER 17**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
11:00 2 OR MORE  
12:00 LUNCH  
12:30 - 1:15 ATTORNEY CONSULT \*  
1:00 HAND & FOOT  
1:00 BASIC LINE DANCING  
2:00 BEG. / INT. LINE DANCING

**FRIDAY - OCTOBER 18**  
11:00 PRIME TIME SWINGERS  
12:00 LUNCH  
1:00 PINOCHLE  
BINGO - DOORS OPEN 4:00

EVENTS ON THE CALENDAR  
MAY CHANGE AFTER  
PUBLICATION  
**PARTNER TABLES**  
OCT. 1 - NEIGHBORWORKS  
OCT. 2 - IDAHO HOME REALTY  
OCT. 4 - INTERMOUNTAIN AGENCY  
OCT. 7 - LEGACY  
OCT. 18 - IDAHO HOME REALTY

**MONDAY - OCTOBER 21**  
9:00 CHAIR VOLLEYBALL  
10:00 CHAIR YOGA  
10:20-12:00 CHAIR MASSAGE  
11:00 RODERICK'S  
CRUIZIN' CLASSICS  
12:00 LUNCH  
12:00 MARVELOUS MAH JONGG  
1:00 PINOCHLE

**TUESDAY - OCTOBER 22**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
11:00 SENIOR JAMMERS  
12:00 LUNCH  
1:00 BOARD MEETING  
1:00 GAMES  
1:00 ART CLASS  
1:00 HAND & FOOT  
1:00 WOOD CARVING  
1:00 BUNCO

**WEDNESDAY - OCTOBER 23**  
9:00 CHAIR VOLLEYBALL  
10:00 TAI CHI  
10:00 KNIT & LOOM  
10:30 BLOOD PRESSURE  
11:00 MERIDIAN LIBRARY  
11:00 HEARTFELT COUNTRY  
12:00 LUNCH  
1:00 PINOCHLE  
1:00 INT. BRIDGE

**THURSDAY - OCTOBER 24**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
11:00 FRAUD & SENIOR FINANCIAL  
EXPLOITATION PREVENTION  
12:00 LUNCH  
12:30 - 2:00 FINANCIAL CONSULTS \*  
1:00 HAND & FOOT  
1:00 BASIC LINE DANCING  
2:00 BEG. / INT. LINE DANCING

**FRIDAY - OCTOBER 25**  
12:00 LUNCH  
1:00 PINOCHLE  
1:00 AGAPE CHINESE FELLOWSHIP  
**DID YOU KNOW?**  
SIX U.S. PRESIDENTS  
HAVE BEEN BORN IN  
OCTOBER - MORE THAN  
ANY OTHER MONTH!  
BINGO - DOORS OPEN 4:00

LEARN MORE ABOUT MEDICARE  
AT MERIDIAN SENIOR CENTER  
WITH ZACK ASKELSON  
FROM UNITED HEALTH  
10:00 AM  
OCTOBER 24 & 29  
NOVEMBER 5

**MONDAY - OCTOBER 28**  
9:00 CHAIR VOLLEYBALL  
10:00 CHAIR YOGA  
10:20-12:00 CHAIR MASSAGE  
12:00 LUNCH  
12:00 MARVELOUS MAH JONGG  
1:00 PINOCHLE

**TUESDAY - OCTOBER 29**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
11:00 THE LEFTOVERS  
12:00 LUNCH  
1:00 GAMES  
1:00 ART CLASS  
1:00 HAND & FOOT  
1:00 WOOD CARVING

**WEDNESDAY - OCTOBER 30**  
9:00 CHAIR VOLLEYBALL  
10:00 TAI CHI  
10:00 KNIT & LOOM  
12:00 LUNCH  
1:00 PINOCHLE  
1:00 INT. BRIDGE  
HALLOWEEN  
DANCE  
4:00 PM

**THURSDAY - OCTOBER 31**  
9:00 FIT & FALL PROOF  
10:00 FIT & FALL PROOF  
11:00 BRINGING YOU THE 50'S  
12:00 LUNCH  
1:00 HAND & FOOT  
1:00 BASIC LINE DANCING  
2:00 BEG. / INT. LINE DANCING  
COSTUME CONTEST AT LUNCH!

**SPiRiT DAYS**  
OCTOBER 4TH | OCTOBER 11TH | OCTOBER 25TH  
NOVEMBER 1ST | NOVEMBER 8TH | NOVEMBER 15TH  
NOVEMBER 22ND | NOVEMBER 27TH