

208-888-5555

meridianseniorcenter.org

La Boutique

MONDAY - FRIDAY

10:00 AM - 1:00 PM

Household goods, Jewelry, & Women's Clothing

DONATIONS & VOLUNTEERS NEEDED!

\$5 FOR NON-MEMBERS

*DENOTES MEMBERSHIP REQUIRED

BILLIARDS & DARTS

MONDAY & WEDNESDAY - 12:15 - 3:30 TUESDAY & THURSDAY - 11:00 - 3:30 ಠ 🕡 FRIDAY - 8:00 - 3:30 🕡 👊 🕫



SPONSOR CONSULTS FOR OUR MEMBERS

ALPHA III WEALTH MANAGEMENT TRICIA DAIGLE LAW OFFICE

15 MIN CONSULTATIONS

SIGN UP AT THE FRONT DESK

2nd Annual

November 2nd, 2024



IRIT DAYS MEDICARE REVIEW?

NO ACTIVITIES

NOVEMBER 1ST | NOVEMBER 8TH | NOVEMBER 15TH NOVEMBER 22ND | NOVEMBER 27TH

DO YOU NEED A

CONTACT REN LOMBARDO WAKE MEDICAL

208.781.1748

WEDNESDAY - NOVEMBER 6

HEALTH & RESOURCE FAIR

10:00 A.M. - 11:30 A.M.

NOV. 6TH

10:00 KNIT & LOOM

12:00 LUNCH

1:00 PINOCHLE

11:00 THE KEYSTRINGS

FALL BACK

REMEMBER TO **UPDATE YOUR** CLOCKS.

2 A.M. * NOV. 2ND

THURSDAY - NOVEMBER 7

2:30 - 1:15 ATTORNEY CONSULT *

NEW CLASS BEGINS

THURSDAY - NOVEMBER 14

12:30 - 2:00 FINANCIAL CONSULTS *

2:00 BEG. / INT. LINE DANCING

9:00 FIT & FALL PROOF

10:00 FIT & FALL PROOF

12:00 LUNCH

1:00 HAND & FOOT

9:00 FIT & FALL PROOF

10:00 FIT & FALL PROOF

11:00 AND FRIENDS

1:00 HAND & FOOT 1:00 BASIC LINE DANCING

12:00 LUNCH

11:45 SENIOR GOLDMINE

1:00 BASIC LINE DANCING ***

2:00 BEG. / INT. LINE DANCING

1:00 PINOCHLE **DID YOU KNOW? NOVEMBER'S MOON IS** TRADITIONALLY CALLED

THE BEAVER MOON?

FRIDAY - NOVEMBER 1

8:30-2:30 FOOT CLINIC *

10:00 ZUMBA GOLD

12:00 LUNCH

1:00 MUSIC BY ALI

BINGO - DOORS OPEN 4:00

FRIDAY - NOVEMBER 8

8:30-2:30 FOOT CLINIC 10:00 ZUMBA GOLD 12:00 LUNCH 1:00 PINOCHLE



BINGO - DOORS OPEN 4:00 FRIDAY - NOVEMBER 15

10:00 ZUMBA GOLD 11:00 PRIME TIME SWINGERS

12:00 LUNCH 1:00 PINOCHLE



BINGO - DOORS OPEN 4:00 FRIDAY - NOVEMBER 22

10:00 ZUMBA GOLD 12:00 LUNCH

11:00 THE LEFTOVERS 1:00 PINOCHLE

1:00 AGAPE CHINESE FELLOWSHIP

DID YOU KNOW? THE BEGINNING OF THE **END OF THE WAR OF INDEPENDENCE** WAS NOV. 30, 1782

FOOT CARE

1st & 2nd Fridays of the Month

MEMBERSHIP REQUIRED



CONTACT SANDY TO MAKE AN **APPOINTMENT**

(941) 928 - 7107

EVENTS ON THE CALENDAR MAY CHANGE AFTER PUBLICATION

PARTNER TABLES

NOV. 6 - IDAHO HOME REALTY

NOV. 22 - WAKE MEDICAL

NOV. 25 - IDAHO HOME REALTY

TRIPS & DINNERS OUT

SIGN-UP & PAY AT FRONT DESK **ACTIVITY FEES APPLY**

SEATING LIMITED **MUST SIGN-UP AT FRONT DESK**

NOV. 2 - CRAFT & CHOCOLATE AFFAIRE - NAMPA CIVIC CENTER NOV. 7 - IZUMI **NOV. 14 - COTTONWOOD GRILLE**

> NOV. 19 - CLUE **MORRISON CENTER**

NOV. 20 - BOISE ART MUSEUM NOV. 27 - FESTIVAL OF TREES

MONDAY - NOVEMBER 4 TUESDAY - NOVEMBER 5

9:00 CHAIR VOLLEYBALL 10:00 CHAIR YOGA 10:20-12:00 CHAIR MASSAGE 11:00 RODERICK'S

CRUIZIN' CLASSICS 12:00 LUNCH 12:00 MARVELOUS MAH JONGG 1:00 PINOCHLE

DID YOU KNOW? **NOVEMBER BIRTHSTONE IS TOPAZ? MONDAY - NOVEMBER 11**

CENTER CLOSED



MONDAY - NOVEMBER 18

8:45 INTRO TO TAP DANCE

10:20-12:00 CHAIR MASSAGE

9:00 CHAIR VOLLEYBALL

10:00 CHAIR YOGA

11:00 RODERICK'S

12:00 LUNCH

TUESDAY - NOVEMBER 12 9:00 FIT & FALL PROOF

TUESDAY - NOVEMBER 19

11:00 MOM & DOUBLE IMAGE

10:00 FIT & FALL PROOF

10:00 BIBLE STUDY

12:00 LUNCH

1:00 GAMES

11:00 THE KEYSTRINGS 12:00 LUNCH 1:00 GAMES 1:00 WOOD CARVING

1:00 HAND & FOOT 1:00 ART CLASS 1:00 BUNCO

9:00 FIT & FALL PROOF

10:00 FIT & FALL PROOF

NOV. 19, 1863

10:30 BLOOD SUGAR TESTING*

11:00 HEARTFELT COUNTRY

L:00 INT. BRIDGE **WEDNESDAY - NOVEMBER 13**

9:00 CHAIR VOLLEYBALL 10:00 TAI CHI 10:00 KNIT & LOOM

11:00 HEARTFELT COUNTRY 12:00 LUNCH

1:00 INT. BRIDGE 1:00 PINOCHLE 1:00 BOOK CLUB

4:00-6:00 GAME NIGHT

WITH CENTENNIAL H.S. STUDENTS **WEDNESDAY - NOVEMBER 20**

9:00 CHAIR VOLLEYBALL 10:00 TAI CHI

10:00 KNIT & LOOM 11:00 BRINGING YOU THE 50'S

12:00 LUNCH

1:00 PINOCHLE 1:00 INT. BRIDGE

NOV. 19 & 20 - 10:30 **COLE VALLEY CHRISTIAN 1ST GRADE CLASSES**

PROGRAM

THURSDAY - NOVEMBER 21

9:00 FIT & FALL PROOF 10:00 FIT & FALL PROOF

11:00 KAY &

12:00 LUNCH 12:30 - 1:15 ATTORNEY CONSULT *

1:00 BASIC LINE DANCING 2:00 BEG. / INT. LINE DANCING

THE BOGUS STRING BAND

1:00 HAND & FOOT

BINGO - DOORS OPEN 4:00

FRIDAY - NOVEMBER 29

THURSDAY - NOVEMBER 28

TO GO MEALS MUST **BE ORDERED & PAID**

NO BINGO

WEDNESDAY - NOVEMBER 27

10:00 KNIT & LOOM

12:00 LUNCH 1:00 PINOCHLE

1:00 INT. BRIDGE

CENTER CLOSED NO LUNCHES SERVED

BY MONDAY, NOV. 25

TUESDAY - NOVEMBER 26

1:00 ART / GAMES

CRUIZIN' CLASSICS 1:00 HAND & FOOT 12:00 MARVELOUS MAH JONGG 1:00 WOOD CARVING L:00 BOARD MEETING **GETTYSBURG ADDRESS**

1:00 BUNCO

12:00 LUNCH

1:00 PINOCHLE

MONDAY - NOVEMBER 25 8:45 INTRO TO TAP DANCE

10:00 CHAIR YOGA

10:20-12:00 CHAIR MASSAGE

1:00 PINOCHLE

9:00 CHAIR VOLLEYBALL 11:00 PRIME TIME SWINGERS 12:00 LUNCH 12:00 MARVELOUS MAH JONGG

9:00 FIT & FALL PROOF 10:00 FIT & FALL PROOF 11:00 SENIOR JAMMERS 12:00 LUNCH **1:00 GAMES** 1:00 ART CLASS 1:00 HAND & FOOT 1:00 WOOD CARVING

9:00 CHAIR VOLLEYBALL 10:00 TAI CHI

10:30 BLOOD PRESSURE 11:00 HEARTFELT COUNTRY 11:00 MERIDIAN LIBRARY

