



MARCH ACTIVITIES



208-888-5555
meridianseniorcenter.org

ACTIVITIES

\$2 FOR MEMBERS
\$5 FOR NON-MEMBERS

*DENOTES MEMBERSHIP REQUIRED

BILLIARDS & DARTS

MONDAY & WEDNESDAY - 12:15 - 3:30
TUESDAY & THURSDAY - 11:00 - 3:30
FRIDAY - 8:00 - 3:30



SHUFFLE BOARD!

SPONSOR CONSULTS FOR OUR MEMBERS
ALPHA III WEALTH MANAGEMENT
TRICIA DAIGLE LAW OFFICE
15 MIN CONSULTATIONS

SIGN UP AT THE FRONT DESK

TRIPS & DINNERS OUT & MEET UPS
SEATING LIMITED
SIGN-UP & PAY AT FRONT DESK
ACTIVITY FEES APPLY

- MAR. 4 - REMAX
- MAR. 7 UNITED HEALTHCARE
- MAR. 12 - ST. ALS
- MAR. 12 - RED ROBIN
- MAR. 19 - LONGHORN STEAKHOUSE
- MAR. 28 - BOISE FLOWER AND GARDEN SHOW
- MAR. 29 - MMOW - MARCH FOR MEALS

BINGO

EVERY FRIDAY NIGHT
OPEN TO THE PUBLIC
DOORS OPEN AT 4:00PM
GAME PLAY STARTS AT 6:00PM
CASH PRIZES *MUST BE 18 YEARS OR OLDER TO PLAY*

MONDAY - MARCH 3
8:45 TAP DANCE
9:00 CHAIR VOLLEYBALL
10:00 CHAIR YOGA
10:20 - 12:00 FOCUS MASSAGE *
11:00 RODERICK'S CRUZIN' CLASSICS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

TUESDAY - MARCH 4
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 MOM & DOUBLE IMAGE
12:00 LUNCH
1:00 ART CLASS
1:00 GAMES
1:00 WOOD CARVING
1:00 HAND & FOOT

REMINDER: ALL FIT & FALL PROOF CLASSES LIMITED TO 24 PARTICIPANTS

WEDNESDAY - MARCH 5
9:00 CHAIR VOLLEYBALL
10:00 KNIT & LOOM
10:30 TAI CHI
11:00 THE KEYSRINGS
12:00 LUNCH
1:00 PINOCHLE
1:00 INT. BRIDGE

THURSDAY - MARCH 6
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:45 SENIOR GOLDMINE
12:00 LUNCH
1:00 HAND & FOOT
1:00 BASIC LINE DANCING
2:00 BEG. / INT. LINE DANCING

REMINDER: ALL FIT & FALL PROOF CLASSES LIMITED TO 24 PARTICIPANTS

FRIDAY - MARCH 7
8:30-2:30 FOOT CLINIC *
11:00 MUSIC BY ALI
12:00 LUNCH
1:00 PINOCHLE

DID YOU KNOW?
8% OF PEOPLE AROUND THE WORLD HAVE AN EXTRA RIB
BINGO - DOORS OPEN 4:00

La Boutique
MONDAY - FRIDAY
10:00 AM - 1:00 PM
Household goods, Jewelry, & Women's Clothing
DONATIONS & VOLUNTEERS NEEDED!

MONDAY - MARCH 10
8:45 TAP DANCE
9:00 CHAIR VOLLEYBALL
10:00 CHAIR YOGA
10:20 - 12:00 FOCUS MASSAGE *
11:00 PRIME TIME SWINGERS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

Spring Forward Sun., March 10th 2:00 a.m.

TUESDAY - MARCH 11
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 THE KEYSRINGS
12:00 LUNCH
1:00 ART CLASS
1:00 GAMES
1:00 WOOD CARVING
1:00 HAND & FOOT
1:00 BUNCO

WEDNESDAY - MARCH 12
9:00 CHAIR VOLLEYBALL
10:00 KNIT & LOOM
10:30 TAI CHI
11:00 HEARTFELT COUNTRY
12:00 LUNCH
12:45 BOOK CLUB
1:00 PINOCHLE
1:00 INT. BRIDGE
1:00 FRIENDS OF ART

THURSDAY - MARCH 13
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 AND FRIENDS
12:00 LUNCH
12:30 - 2:00 FINANCIAL CONSULTS *
1:00 HAND & FOOT
1:00 BASIC LINE DANCING
2:00 BEG. / INT. LINE DANCING

FRIDAY - MARCH 14
8:30-2:30 FOOT CLINIC *
12:00 LUNCH
1:00 PINOCHLE

DID YOU KNOW?
YOU SHARE YOUR BIRTHDAY WITH 19 MILLION PEOPLE
BINGO DOORS OPEN 4:00

MEMBER PERKS
FOCUS MASSAGE
Monday Mornings
Appointments & Pre-Payment Are Required
\$15 for 15 min.

MONDAY - MARCH 17
8:45 TAP DANCE
9:00 CHAIR VOLLEYBALL
10:00 CHAIR YOGA
10:20 - 12:00 FOCUS MASSAGE *
11:00 RODERICK'S CRUZIN' CLASSICS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

TUESDAY - MARCH 18
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
10:30 BLOOD SUGAR TESTING*
11:00 HEARTFELT COUNTRY
12:00 LUNCH
1:00 ART CLASS
1:00 GAMES
1:00 WOOD CARVING
1:00 HAND & FOOT

WEDNESDAY - MARCH 19
9:00 CHAIR VOLLEYBALL
10:00 KNIT & LOOM
10:30 TAI CHI
11:00 BRINGING YOU THE 50'S
12:00 LUNCH
1:00 INT. BRIDGE
1:00 PINOCHLE

THURSDAY - MARCH 20
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
12:30 - 1:15 ATTORNEY CONSULT *
12:00 LUNCH
1:00 TECH PALS
1:00 HAND & FOOT
1:00 BASIC LINE DANCING
1:15 SPEAKER SERIES
2:00 BEG. / INT. LINE DANCING

FRIDAY - MARCH 21
12:00 LUNCH
11:00 DAVID WALTER
1:00 PINOCHLE

Big Game BINGO!
BINGO - DOORS OPEN 4:00

EVENTS ON THE CALENDAR MAY CHANGE AFTER PUBLICATION
PARTNER TABLES
10 A.M. - 1 P.M.
MAR. 4 - REMAX
MAR. 7 UNITED HEALTHCARE
MAR. 12 - ST. ALS
MAR. 19 GENTLE HEARTS
MAR. 21 UNITED HEALTHCARE
MAR. 24 - KESLIE ASTLEY
MAR. 27 - MERIDIAN POLICE

MONDAY - MARCH 24
8:45 TAP DANCE
9:00 CHAIR VOLLEYBALL
10:00 CHAIR YOGA
10:20 - 12:00 FOCUS MASSAGE *
11:00 PRIME TIME SWINGERS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

TUESDAY - MARCH 25
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 SENIOR JAMMERS
12:00 LUNCH
1:00 BOARD MEETING
1:00 ART CLASS
1:00 GAMES
1:00 WOOD CARVING
1:00 HAND & FOOT
1:00 BUNCO

WEDNESDAY - MARCH 26
9:00 CHAIR VOLLEYBALL
10:00 KNIT & LOOM
10:30 TAI CHI
10:30 BLOOD PRESSURE *
10:45 - 11:45 MERIDIAN LIBRARY
11:00 HEARTFELT COUNTRY
12:00 LUNCH
1:00 PINOCHLE
1:00 INT. BRIDGE

THURSDAY - MARCH 27
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 KAY & THE BOGUS STRING BAND
12:00 LUNCH
12:30 - 2:00 FINANCIAL CONSULTS *
1:00 HAND & FOOT
1:00 BASIC LINE DANCING

FRIDAY - MARCH 28
12:00 LUNCH
1:00 PINOCHLE
1:00 AGAPE CHINESE FELLOWSHIP

BINGO - DOORS OPEN 4:00

FOOT CARE
1st & 2nd Fridays of the Month
MEMBERSHIP REQUIRED
CONTACT SANDY TO MAKE AN APPOINTMENT
(941) 928 - 7107

MONDAY - MARCH 31
8:45 TAP DANCE
9:00 CHAIR VOLLEYBALL
10:00 CHAIR YOGA
10:20 - 12:00 FOCUS MASSAGE *
11:00 RODERICK'S CRUZIN' CLASSICS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

LUCK OF THE IRISH
50/50 RAFFLE
DRAWING ON MARCH 31ST!

Let's Brunch!
March 22nd

Shamrock Shuffle
DANCE & SOCIAL
March 13th

Meridian Senior Center MEET UP
NEW FOR 2025!
Events marked with (MU) are get-togethers where everyone meets at the location - No MSC transportation will be available.

CONTACT SANDY TO MAKE AN APPOINTMENT
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