




MEALS on WHEELS
METRO BOISE

May 2024 Menu

(Substitutions may be necessary without advanced notice.)

Contact:
(208) 321-0031
www.MetroMealsonWheels.net

MON	TUE	WED	THU	FRI
		1 Chicken & Chile Casserole Corn / Spring Vegetables Green Salad Whole Wheat Tortillas Milk	2 Beans & Ham Sweet Potatoes Brussels Sprouts Fruit Cup Cornbread Milk	3 Beef Philly on Hoagie Roll Potato Wedges Peas Banana Milk
6 Sherry Mushroom Chicken over Pasta Catalina Vegetables Snap Peas Fresh Fruit Breadstick Milk	7 Cranberry Meatballs over Brown Rice Cauliflower Green Salad Spiced Apples Whole Wheat Roll Milk	8 Pastrami & Swiss on 9-Grain Bread Potato Salad Chickpea Salad Fresh Fruit Milk	9 Lemon Herb Fish over Rice Pilaf Baby Carrots Green Beans Coleslaw Whole Wheat Roll Milk	10 Roast Pork with Mushroom Gravy Mashed Potatoes Asparagus Applesauce Baci Roll Milk
13 Penne Pasta with Meat Sauce Broccoli Capri Vegetables Fresh Orange French Bread Milk	14 Tuna Salad on 9-Grain Bread Potato Salad Broccoli Salad Fruit Cup Milk Soup (congregate sites only)	15 Orange Chicken over Brown Rice Asian Vegetables Carrots Tropical Fruit Whole Wheat Roll Milk	16 BBQ Pork Riblet on Hoagie Roll Corn & Peppers Coleslaw Peaches Milk	17 Stuffed Chicken with Cheese Sauce Roasted Potatoes Peas & Carrots Applesauce Whole Wheat Roll Milk
20 Breaded Chicken with Country Gravy Scalloped Potatoes Green Beans Banana Baci Roll / Milk	21 Roast Beef with Brown Gravy Mashed Potatoes Peas Spinach Salad 9-Grain Bread / Milk	22 Sausage Alfredo Spaghetti Snap Peas Mixed Vegetables Pears Baci Roll / Milk	23 Chicken Club Pasta Carrot Raisin Salad White Bean Salad Fresh Fruit Whole Wheat Roll / Milk Soup (congregate sites only)	24 Cheesy Fish over Rice Pilaf Beets Succotash Fruit Cup Whole Wheat Roll / Milk
27 MEMORIAL DAY CLOSED No Meals Served or Delivered	28 Cowboy Pasta Salad  Fruit Salad Broccoli Salad Potato Soup Baci Roll Milk	29 Herb Salmon over Rice Pilaf Baby Carrots Green Beans Peaches Whole Wheat Roll Milk	30 Polish Sausage with Sauerkraut Roasted Potatoes Peas & Onions Banana Whole Wheat Bun Milk	31 Salisbury Steak with Brown Gravy Mashed Potatoes Chateau Vegetables Applesauce Whole Wheat Roll Milk