



MAY ACTIVITIES

208-888-5555
meridianseniorcenter.org

ACTIVITIES

\$2 FOR MEMBERS
\$5 FOR NON-MEMBERS

*DENOTES MEMBERSHIP REQUIRED

BILLIARDS & DARTS

MONDAY & WEDNESDAY - 12:15 - 3:30
TUESDAY & THURSDAY - 11:00 - 3:30
FRIDAY - 8:00 - 3:30



Ping Pong

SHUFFLE BOARD!

SPONSOR CONSULTS FOR OUR MEMBERS
ALPHA III WEALTH MANAGEMENT
TRICIA DAIGLE LAW OFFICE
15 MIN CONSULTATIONS

SIGN UP AT THE FRONT DESK

TRIPS & DINNERS OUT
SIGN-UP & PAY AT FRONT DESK
ACTIVITY FEES APPLY

SEATING LIMITED
MUST SIGN-UP AT FRONT DESK

MAY 8 - OLIVE GARDEN
MAY 11 - BOISE MUSIC WEEK
MAY 14 - BISCUITS & HOGS
MAY 23 - SCHNITZEL GARTEN

HEALTH & RESOURCE FAIR

MAY 29th
Over 35 Vendors!
10:00AM to 11:30AM

BINGO
EVERY FRIDAY NIGHT
OPEN TO THE PUBLIC
DOORS OPEN AT 4:00PM
GAME PLAY STARTS AT 6:00PM
CASH PRIZES *MUST BE 18 YEARS OR OLDER TO PLAY*

2nd Annual Award Winning
Black & White
BASH
May 18th, 2024
5:00pm-9:00pm

WEDNESDAY - MAY 1
9:00 CHAIR VOLLEYBALL
10:00 TAI CHI
10:00 KNIT & LOOM
11:00 THE KEYSRINGS
12:00 LUNCH
1:00 PINOCHLE
1:00 INT. BRIDGE
May Day

THURSDAY - MAY 2
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:45 SENIOR GOLDMINE
12:00 LUNCH
12:30 - 2:00 FINANCIAL CONSULTS *
1:00 HAND & FOOT
1:00 BASIC LINE DANCING
2:00 BEGINNER LINE DANCING

FRIDAY - MAY 3
8:30-2:30 FOOT CLINIC *
10:00 ZUMBA GOLD
11:00 MUSIC BY ALI
12:00 LUNCH
1:00 PINOCHLE
DID YOU KNOW?
IT IS CUSTOMARY TO WEAR A ROSE IN YOUR HAIR ON MAY DAY?
BINGO - DOORS OPEN 4:00

La Boutique
MONDAY - FRIDAY
10:00 AM - 1:00 PM
Household goods, Jewelry, & Women's Clothing
DONATIONS & VOLUNTEERS NEEDED!

MONDAY - MAY 6
9:00 CHAIR VOLLEYBALL
10:00 CHAIR YOGA
11:00 SENIOR JAMMERS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

TUESDAY - MAY 7
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 MOM & DOUBLE IMAGE
12:00 LUNCH
1:00 ART CLASS
1:00 GAMES
1:00 WOOD CARVING
1:00 HAND & FOOT

WEDNESDAY - MAY 8
9:00 CHAIR VOLLEYBALL
10:00 TAI CHI
10:00 KNIT & LOOM
10:45 MERIDIAN LIBRARY
11:00 HEARTFELT COUNTRY
12:00 LUNCH
12:45 BOOK CLUB
1:00 PINOCHLE
1:00 INT. BRIDGE

THURSDAY - MAY 9
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 AND FRIENDS
12:00 LUNCH
12:30 - 1:15 ATTORNEY CONSULT *
1:00 HAND & FOOT
1:00 BASIC LINE DANCING
2:00 BEGINNER LINE DANCING
RECREATION ROYALE
1:00 - 2:00

FRIDAY - MAY 10
8:30-2:30 FOOT CLINIC *
10:00 ZUMBA GOLD
11:00 PRIME TIME SWINGERS
12:00 LUNCH
1:00 PINOCHLE
DID YOU KNOW?
MAY IS THE MOST DEADLY MONTH FOR TORNADOES?
BINGO
DOORS OPEN 4:00

MEMBER PERKS
CHAIR MASSAGE
Monday Mornings
Appointments & Pre-Payment Are Required
\$15 for 15 min.

MONDAY - MAY 13
9:00 CHAIR VOLLEYBALL
10:00 CHAIR YOGA
10:20 - NOON CHAIR MASSAGE *
11:00 PRIME TIME SWINGERS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

TUESDAY - MAY 14
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 ALZ. SUPPORT GROUP
11:00 THE KEYSRINGS
12:00 LUNCH
1:00 BUNCO
1:00 GAMES
1:00 WOOD CARVING
1:00 HAND & FOOT
1:00 ART CLASS

WEDNESDAY - MAY 15
9:00 CHAIR VOLLEYBALL
10:00 TAI CHI
10:00 KNIT & LOOM
11:00 JUBILATION
12:00 LUNCH
1:00 INT. BRIDGE
1:00 PINOCHLE

THURSDAY - MAY 16
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 BRINGING YOU THE 50'S
12:00 LUNCH
12:30 - 2:00 FINANCIAL CONSULTS *
1:00 HAND & FOOT
1:00 BASIC LINE DANCING
2:00 BEGINNER LINE DANCING

FRIDAY - MAY 17
10:00 ZUMBA GOLD
11:00 LYRICAL HIKER
12:00 LUNCH
1:00 PINOCHLE
DID YOU KNOW?
NO U.S. PRESIDENT HAS DIED IN MAY?
BINGO - DOORS OPEN 4:00

LINE DANCING
1:00 - 1:45
Class for those who haven't done line dancing. Steps taught at a slow pace. Wear lightweight comfortable clothing, flat bottom shoes.

MONDAY - MAY 20
9:00 CHAIR VOLLEYBALL
10:00 CHAIR YOGA
10:20 - NOON CHAIR MASSAGE *
11:00 RODERICK'S CRUIZIN' CLASSICS
12:00 LUNCH
12:00 MARVELOUS MAH JONGG
1:00 PINOCHLE

TUESDAY - MAY 21
NO ACTIVITIES IN BACK VOTING
10:30 BLOOD SUGAR TESTING*
11:00 HEARTFELT COUNTRY
12:00 LUNCH / 1:00 GAMES
1:00 SENIOR TECH CLASSES
YOUR VOTE Counts

WEDNESDAY - MAY 22
9:00 CHAIR VOLLEYBALL
10:00 TAI CHI
10:00 KNIT & LOOM
10:30 BLOOD PRESSURE
11:00 HEARTFELT COUNTRY
12:00 LUNCH
1:00 PINOCHLE / 1:00 INT. BRIDGE
HAPPY 12TH ANNIVERSARY CENTER AT THE PARK

THURSDAY - MAY 23
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 KAY & THE BOGUS STRING BAND
12:00 LUNCH
12:30 - 1:15 ATTORNEY CONSULT *
1:00 HAND & FOOT
1:00 BASIC LINE DANCING
2:00 BEGINNER LINE DANCING
RECREATION ROYALE
1:00 - 2:00

FRIDAY - MAY 24
10:00 ZUMBA GOLD
11:00 THE LEFTOVERS
12:00 LUNCH
1:00 PINOCHLE
1:00 AGAPE CHINESE FELLOWSHIP
DID YOU KNOW?
BLUE JEANS WERE OFFICIALLY INVENTED IN MAY 1873
BINGO - DOORS OPEN 4:00

PARTNER TABLES
10 A.M. - 1 P.M.
MAY 3 - EVERYTHING HEARING
MAY 9 - GENTLE HEARTS LIVING SOLUTIONS
MAY 10 - SENIOR HELPERS
MAY 16 - ST. AL'S TRINITY HEALTH
MAY 24 - MERIDIAN SMILES
MAY 29 - UNITED HEALTH CARE

MONDAY - MAY 27
MEMORIAL DAY
REMEMBER AND HONOR
CLOSED
NO MEALS SERVED

TUESDAY - MAY 28
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 SENIOR JAMMERS
12:00 LUNCH
1:00 BOARD MEETING
1:00 ART CLASS
1:00 GAMES
1:00 WOOD CARVING
1:00 HAND & FOOT
1:00 BUNCO

WEDNESDAY - MAY 29
10:00 KNIT & LOOM
11:00 LYRICAL HIKER
12:00 LUNCH
1:00 PINOCHLE
1:00 INT. BRIDGE
MAY 29TH HEALTH & RESOURCE FAIR

THURSDAY - MAY 30
9:00 FIT & FALL PROOF
10:00 FIT & FALL PROOF
11:00 ACCORDIAN BY JO
12:00 LUNCH
1:00 HAND & FOOT
1:00 BASIC LINE DANCING
2:00 BEGINNER LINE DANCING

FRIDAY - MAY 31
10:00 ZUMBA GOLD
12:00 LUNCH
1:00 PINOCHLE
BINGO
DOORS OPEN 4:00

FOOT CARE
1st & 2nd Fridays of the Month
MEMBERSHIP REQUIRED
CONTACT SANDY TO MAKE AN APPOINTMENT
(941) 928 - 7107